HOW IMPORTANT IS

MOM'S HEART HEALTH?

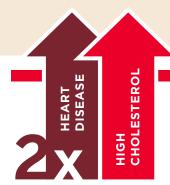


HEY MOMS!

Did you know that managing your cholesterol is **one of the most important things** you can do to keep your

family healthy?

High cholesterol can cause a heart attack or stroke. To be the **lifeline your** family needs, be pro- active about your own heart health. Talk to your healthcare provider about your cholesterol risk.



People with HIGH CHOLESTEROL are at least FIVE TIMES as likely to have

CARDIOVASCULAR DISEASE

the #1 CAUSE OF DEATH among women

DID YOU KNOW THAT CARDIOVASCULAR DISEASE:



Takes more lives than ALL FORMS
OF CANCER COMBINED**



Kills 1 WOMAN EVERY 80 SECONDS**



Kills about **HALF A MILLION WOMEN** annually**



Can lead to **HEART ATTACK OR STROKE**

Talk with a healthcare provider about your cholesterol risk

Learn more at countercholesterol.org

Counter Cholesterol is made possible through support from Sanofi and Regeneron.

*Long-term risk of atherosclerotic cardiovascular disease in US adults with the familial hypercholesterolemia phenotype. Circulation. June 2016.

**According to the American Heart Association



